## Dear Colleagues!

We would like to cordially invite you to our TCM Congress.

The motto of this year's congress is: "The best of 20 years TCM Congress". There will be a very broad program, a "best of" the diagnosis and treatment possibilities of TCM, and of course the latest scientific findings and studies.

Above all we have invited the speakers, who have inspired us again and again over the past 20 years and who have made these congresses so interesting and lively.

We have also planned some side events, such as a **Guided City Walk** and a **Congress Party** with Dinner and Live Band, to provide you with opportunities to network.

Take advantage of this unique opportunity in Austria to experience TCM and feel the cozy atmosphere of our TAO Congress. Experience education in small groups and meet speakers, colleagues and friends for a professional exchange or a cozy conversation.

We are looking forward to welcoming you all at our congress according to our motto "TAO **T**raditional-**A**mikal-**O**esterreichisch".

## Peter Aluani & Olivia Pojer









# PROGRAM: Thursday, 9/28/2023

Workshops will be held all day. You have to select one WS per time unit.

#### WS (9.15 - 10.45 am)

- Between unity and divisions 3 steps to effective pulse diagnosis (max 25 pax) (1)
   Bartosz CHMIELNICKI
- Meta-practice in Practice a way of combining different TCM-traditions and styles (1)
   Volker SCHEID

#### WS (11.30 - 1.00 pm)

- Between unity and divisions 3 steps to effective pulse diagnosis (max 25 pax) (2)
   Bartosz CHMIELNICKI
- Meta-practice in Practice a way of combining different TCM-traditions and styles 2)
   Volker SCHEID

### WS (2.30 - 4.00 pm)

- Between unity and divisions 3 steps to effective pulse diagnosis (max 25 pax) (3)
   Bartosz CHMIELNICKI
- Acupuncture for Memory dysfunctions (1)
   Hamid MONTAKAB

#### WS (4.30 - 6.00 pm)

- Between unity and divisions 3 steps to effective pulse diagnosis (max 25 pax) ()
   Bartosz CHMIELNICKI
- Acupuncture for Memory dysfunctions (2)
   Hamid MONTAKAB

# Friday, 9/29/2023

The plenary lectures will take place from 11.00 am to 1.00 pm. The workshops will be held from 8.45-10.15 am, 2.30-4.00 and 4.30-6.00.pm.

## WS (8.45 - 10.15 am)

- Acupuncture points for menstrual/pelvic pain and cancer pain- from research into clinical practice
   Sandro GRACA | Matthias HUEMER
- Enlightenment of the immune system ...
   Michael WEBER

## LECTURES (10.45 am - 1.00 pm)

10.45-11.15	Congress opening   Peter ALUANI   Olivia POJER
11.15-11.45	Acupoints are located on unique neuro-anatomical structures based on evidence
	from cadaver dissection, electrostimulation and ancient classics   Poney CHIANG
11.45-12.10	The future is now – your evidence-informed acupuncture practice providing
	integrative care   Sandro GRACA
12.10-12.35	Pins and needles, acupuncture for chemotherapy induced polyneuropathy
	Barbara KIRSCHBAUM
12.35-13.00	The most important problems of the future: Alzheimer's and dementia - treatment
	with laser frequency for regeneration   Frank BAHR

## WS (2.30 - 4.00 pm)

- Introduction to channel plucking and neuro-modulatory needle technique (1)
   Poney CHIANG
- An overview of clinically important tongue signs (1)

**Barbara KIRSCHBAUM** 

#### WS (4.30 - 6.00 pm)

- Introduction to channel plucking and neuro-modulatory needle technique (2)
   Poney CHIANG
- An overview of clinically important tongue signs (2)
   Barbara KIRSCHBAUM

# Saturday, 9/30/2023

On Saturday there will be plenary lectures in the morning and workshops in the afternoon. You have to select one workshop per time unit.

## Lectures (09.15 - 1.00 pm)

09.15-09.40	What to do when you don't know what to do?   Yair MAIMON
09.40-10.05	Diagnosis of Myofascial Trigger Points - Development of the Munich Myofascial
	Trigger Point Score (MMTS)   Petra BÄUMLER
10.05-10.30	What do we learn from the physiological research for the use of acupuncture in daily
	practice?   Dominik IRNICH
12.30-13.00	TAO 2024   Olivia POJER

#### WS (2.00 - 3.30 pm)

- The Subconscious: the silent acupuncturist (max 24 pax) (1)
   Ilias CHRISTIDIS
- Windows of heaven In-depth understanding & the clinical use of the widows of heaven points (1) Yair MAIMON

## WS (4.00 - 5.30 pm)

- The Subconscious: the silent acupuncturist (max 24 pax) (2) Ilias CHRISTIDIS
- Windows of heaven In-depth understanding and the clinical use of the widows of heaven points (2) **Yair MAIMON**

#### **SOCIAL PROGRAM:**

**Thursday, 9/28/2023, 06.45 pm: GUIDED CITYWALK** – free of charge – registration requested.



World Heritage and Cultural Capital. Graz has many faces: Renaissance residence and student city. Romantic arcaded courtyards, bustling squares, medieval alleys, southern charm. A panorama of old and new. From the clocktower with its unusual hands to the island made of glass and steel. From the emperor's mausoleum to the "Kunsthaus" – the "friendly alien". Have a sensuous experience of a captivating city.

Meeting Point: Jakominipl., Sonnenapotheke, Busstation # 31, 33

## Friday, 9/29/2923, 06:45 pm: CONGRESS PARTY in Steiermarkhof "TCM ROCKS"



06.45 pm: Buffet-Dinner (Typical Styrian food) and Live Band! € 40,00 per Person.

08.30 pm: Just the party - free of charge. Please book: <a href="mailto:renate.pleterski@ogka.at">renate.pleterski@ogka.at</a>

## IMPORTANT INFORMATION!

## REGISTRATION: https://www.tcmkongress.at/en/Anmeldung

We kindly ask you to book your desired workshops in advance, but depending to availability, you can also switch to other workshops during the congress. For workshops with limited number of participants marked with "(max X pax)" a fixed registration is required. The principle "first come, first served" applies.

After **online registration** you will receive the **booking confirmation** and invoice via e-mail. Approximately two weeks bevor the congress, we will send you a link to **download handouts**, which are published on the congress homepage in a secure area. You will get your name badge, the goody bag and the certificate of attendance at the registration office at the congress.

#### CEU:

For the participation in the congress 25 Credits by the ÖÄK (Austrian Medical Chamber) have been approved. For CEUs in your country you'll receive a certificate of congress attendance so that you can apply for CEUs in your country.

#### **CONGRESS SCHEDULE:**

On all three Congress days manly practice-oriented workshops will take place. Plenary Lectures are held on Friday and Saturday morning.

## **CONGRESS LOCATION:**

Steiermarkhof, Ekkehard-Hauer-Straße 33, 8052 Graz, Austria

## **CONGRESS TIMES:**

Thursday: 9.15 am to 6.00 pm Friday: 8.45 am to 6.00 pm Saturday: 9.15 am to 5.30 pm

### **CONGRESS LANGUAGE:**

The congress is bilingual. Lectures and Workshops won't be translated!

In this brochure we have announced only the Workshops/Lectures in English language.

### **PRICES:**

## **Regular (for non-members)**

1 day ticket 270.00 € 2 days ticket 390.00 € 3 days ticket 510.00 €